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The Rolf Institute® of Structural Integration to Offer Certified Rolfer™ Training Throughout the United States

Boulder, CO – June 7, 2010 – Beginning this fall, The Rolf Institute® of Structural Integration, headquartered in Boulder, Colorado, will be offering its preeminent Certified Rolfer™ Training throughout the United States in locations including San Diego, California; Milwaukee, Wisconsin; and Atlanta, Georgia. Rolwing® Structural Integration, taught only by the Rolf Institute, was recently highlighted in a Chicago Tribune article published in February, 2010.

Each location will offer *Advanced Foundations of Rolwing® Structural Integration*, which is *Phase I* of the comprehensive 600-hour three-phase certification program. This accelerated class is designed for trained massage therapists, physical therapists, and other bodywork and healthcare practitioners with a strong anatomy and physiology background. Along with an informative review of Anatomy, Physiology and Kinesiology students will be introduced to new key concepts related to the mastery of Rolwing Structural Integration and receive training in *Skillful Touch*, The Rolf Institute's proprietary clinical practice form. The Institute also offers a 731-hour program for those without previous bodywork experience.

Rolwing® Structural Integration is a form of hands-on manipulation and education that systematically reorganizes the connective tissues, called fascia, to release, realign and balance the whole body. It may bring dramatic results, such as recovery from injury; reduction in chronic pain, including headache and back pain; improved ability to move with ease; reduction in physical and mental stress and tension; and increased balance and flexibility. Unique to the process is the incorporation of Rolf Movement® Integration which brings the structural work into daily activity and everyday movements allowing for greater ease and freedom throughout the body.

Since its inception in 1971, The Rolf Institute® of Structural Integration has trained and certified over 1700 Rolfers worldwide. The Rolf Institute is the only school that teaches Rolwing® Structural Integration and graduates Rolfers™. Its rigorous training program is supported by an esteemed international faculty, some of who trained with Dr. Ida P. Rolf, the school founder and developer of Rolwing Structural Integration.

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