

Basic Rolwing® Certification Program

Regional & Regional + Rolf Movement® Certification

Education

These programs are not included in COMTA accreditation and are ineligible for federal student aid.

Admissions to The Rolf Institute®

1. A High School diploma or equivalent
2. One of the following:
 - a. An official academic transcript showing at least 60 credit hours at an institution of higher education.
OR
 - b. Official documentation verifying equivalent coursework and success in an adult education program.
OR
 - c. Documentation of equivalent life experiences and accomplishment.
3. A written 2-3 page personal life experience essay.
4. Approval of an application and required enrollment forms.
5. A resume and solo headshot photograph (for identification purposes).
6. Verification of having received a complete Rolwing Ten-Series from a Certified Rolfer*.
7. \$50 Application fee. (Fee will be refunded if student is not admitted or has not signed an enrollment agreement.)
8. Completion of a minimum 250-hour bodywork program. Students must submit an official transcript that shows at least 47 hours of Anatomy, 21 hours of Physiology, 45 hours of Massage or other approved touch training, and 15 hours of Therapeutic Relationship.
9. 50 documented hours of post-graduate massage practice experience or comparable clinical experience..

Written assignments are due 2 weeks before Basic training begins. All submissions are made through the Online Admissions Application Process.

Basic Rolwing Certification Program – Regional

600 hours

Offered Regionally

1.5-2 years Modular/Online

\$16,690 + fees • A \$300 deposit is required to register for the program.

Basic Rolwing Certification Program – Regional + Rolf Movement Certification

600 hours + 30 days Rolf Movement® Certification

Offered Regionally

1.5-2 years Modular/Online

\$22,343 + fees • A \$300 deposit is required to register for the program.

**YOU'RE A
CERTIFIED ROLFER™ ***

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CERTIFIED ROLFER™ *
&
ROLF MOVEMENT®
PRACTITIONER!***

Membership

RISI MEMBERSHIP

Upon completion of training, graduates have the option to become a Rolf Institute Member for their first 12 months at a discounted rate, providing access to Rolf Institute service marks and membership benefits.

Required Continuing Education

A minimum of 18 days of Required Intermediate CE over a period of 3-7 years (or 9 years if already a Rolf Movement practitioner) is a prerequisite preparation for Advanced Rolwing Certification.

Rolf Movement Integration Certification

30-day intensive training focusing on various aspects of a unified movement theory. \$6,060 + fees

**YOU'RE A CERTIFIED
ROLF MOVEMENT®
PRACTITIONER***

Certified Advanced Rolfer Training

Focus is on developing individualized design of sessions to meet the immediate needs of the client. Prerequisites: 18 days of approved CE hours as described above. \$6,097 + fees.

**YOU'RE A CERTIFIED
ADVANCED ROLFER™ ***

* Students with an existing medical condition, after consulting with their physician, may want to consider completing the Ten Series prerequisite, required to start the training, 2-3 months prior to the start of Phase II, where they will receive another Ten Series as part of the class. RISI reserves the right to require a physician's release for any student.

Rolf Institute Membership is required to use the service marks.