

Becoming a Rolfer™ at a Glance

Basic Roling® Certification Program for the Non-Bodyworker

This program is included in COMTA accreditation.

Before You Apply, You Need

- A High School diploma or recognized equivalent.
- One of the following:
 - a. An official academic transcript, equivalent to an AA degree or occupational certificate, showing at least 60 credit hours at an institution of adult or higher education.
OR
 - b. Documentation of a minimum of four years of equivalent career experiences and professional accomplishment.
- A federal- or state-issued ID and passport-sized solo headshot photograph (for identification purposes).
- A resume of professional experience.
- Three professional reference letters (1-2 pages maximum length).

International Students: Please indicate the need for an I-20/M-1 Visa and submit your completed application, including a copy of your passport ID page and official TOEFL scores, no later than 60 days prior to class start date.

Admission Requirements

- Non-refundable \$50 Enrollment Application fee. (Fee will be refunded if student is not admitted or has not signed an enrollment agreement.)
- Verification of having received a complete Roling Ten-Series from a Certified Rolfer. RISI reserves the right to require a physician's release for any student.
- Approval of an application and required enrollment forms.
- A written 2-3 page personal life experience essay.
- \$900 deposit for class registration (\$300 applied to each phase).

Written assignments are due 3 weeks before Basic training begins.

Basic Roling Certification Program

731 hours

\$21,678 + fees • A \$900 deposit is required to register for all three program phases.

Phase I: Foundations of Roling Structural Integration

218 hours ~ Six week Intensive

A required study interval between Phase I and Phase II.

Prior to Embodiment of Roling SI & Roling Movement Integration:

- 50 hours of *Skillful Touch* and two written essays must be completed.
- Verification of having received three (3) Roling Movement Integration sessions from a Certified Roling Movement Practitioner prior to the start of Phase II.

Written assignments must be submitted online 4 weeks before the start of Phase II.

Phase II: Embodiment of Roling Structural & Roling Movement Integration

244 hours ~ Eight week Intensive

A required study interval between Phase II and Phase III.

A mentorship with a Rolfer for supervision and practice of skills is highly recommended during the study interval between Phase II and Phase III.

Written assignments must be submitted online 4 weeks before the start of Phase III

Phase III: Clinical Application of Roling Theory

269 hours ~ Eight week Intensive

After Graduation

RISI MEMBERSHIP

*The use of service marks requires Roling Institute membership.

Upon completion of training, graduates can become a Roling Institute Member for their first 12 months at a discounted rate, providing access to Roling Institute service marks and membership benefits.

Required Continuing Education

A minimum of 18 days of Required Intermediate CE over a period of 3-7 years (or 9 years if already a Roling Movement practitioner) is a prerequisite preparation for Advanced Roling Certification.

Roling Movement Integration Certification

Two 15-day intensive modules. \$6,242 + fees OR

30-day intensive training. Varies + fees

Focuses on various aspects of a unified movement theory

YOU'RE A CERTIFIED
ROLING MOVEMENT®
PRACTITIONER*

Certified Advanced Rolfer Training

Focus is on developing individualized design of sessions to meet the immediate needs of the client. Prerequisites: 18 days of approved CE hours as described above. \$6,250 + fees.

YOU'RE A CERTIFIED
ADVANCED ROLFER™ *

YOU'RE A CERTIFIED ROLFER™ *