**Board of Directors Meeting Minutes Regular Session**

**February 18, 2025**

**Start Time 12 pm, MST**

Board members present:

Libby Eason, Chair; Jörg Ahrend-Löns Secretary; Florian Thomas, Juan David Velez, Lisa Branic, Jim Pascucci, Cosper Scafidi, Jenny Rock, KaylaAnn Gowan

Also present were:

Samantha Sherwin, ED and Director of Faculty & Student Services

Neil Anderson – EEC chair

**Mission of the Dr. Ida Rolf Institute**

To provide high-quality education and promote research to advance Rolfing® Structural Integration and Rolf Movement® Integration - our proprietary methods for optimizing human structure and function.

**Minutes**

12:00 Consent Agenda

* January 21 Regular Session Minutes approved
* January 21 Executive Session Minutes approved
* February 4, Executive Work Session Minutes approved

12:05 ED Report – Samantha Sherwin

* **Strategic Goals and Initiatives**

Ready for work session in 2 weeks

* **Enrollment**

March 16 enrolled possibly up to 18 for Phase 1

Phase 2 and 3 for this cohort

August enrollment positive

Jenny: responsiveness for webinar – career change for instance, LMT

Samantha: there are enrollments from that webinars – applications

**Summary: positive effects, planning a video of the program**

Cosper: candidates more prepared, know program, prerequisites – homepage is more clear

**2026 AMTA – convention – speaker – Kevin and Russell have been asked**

KaylaAnn: Move – to Lafayette June 1 or later – **spinal mechanics class 2 spots- AT Tessy is full – Bethany 2 students needed?**

* **Regional site development**

**12:10 Treasurer Report**

KaylaAnn: new treasurer – still balance the last year – end of January is recognized

Trademark regulations – 60k down membership contribution (Cosper) – may better overview end of Q1

Samantha: some membership dues come in over the year – RIO’s deadline

Lisa: do we reach out to people (Dan, Jenny) - Sam: we start to call – list of people who are almost terminated – what can we do to help people to not be terminated or resign

**12:15 Lease contract update**

Waiting for respond to changes more mutual – hopefully end of the week

**12:35 EEC report**

Case study shortening – robust - Integration CE WS – promotional videos – Valerie Berg - - more CE offerings - Core principals – updating examination – 50 hours of skillful touch – Certification is a challenge – assessment panel – Lisa: **Can Practice building be included** – JIM: Zoom call with practitioners **- Neal: Part of Phase 3** – Colleagues from Board (Jenny, Jim, Lisa, KaylaAnn, Cosper) are **willing to talk to people within a Zoom call provided by Jim**– Mentorship

Cosper: Video is great – but personal talk is better

Lisa: Record talks and take it as videos

**12:45 Membership Meetings Proposal Progress– Cosper and Juan David**

2026 April or Mid May – Juan David (Stephen Porges) – considering other people – April 17-19 or May – people who can help support in organization (Party, Venue, Sites, hotels, moderating ) – suggestions are welcomed – inviting other therapists – Friday keynote speaker

**2025 BOARD SCHEDULE – 12:00 Mountain Time**

Work Session Board Meeting

1st Tuesday 3rd Tuesday

Feb 4 Feb 18

Mar 4 Mar 18

Apr 1 Apr 15

May 6 May 20

Jun 3 Jun 17

Jul 7 Jul 21

Aug 5 Aug 19

Sep 2 Sep 16

Oct 7 Oct 21

Nov 4 Nov 18

Dec 2 Dec 16