



March 10, 2020

Dear Dr. Ida Rolf Institute members, students, faculty and staff,

### **Colorado State of Emergency- What it means**

Today, Governor Jared Polis declared a state of emergency for the state of Colorado. In particular, this will open up access to additional resources and give the state legal flexibility to take proactive steps to contain the spread of Coronavirus.

It does not necessarily signal a significant change in the situation. At this time Boulder County still does not have a confirmed case of coronavirus. We continue, with our partners in public health, to monitor the situation and are prepared to take action, if warranted. Our work is informed by our continuity plan, factual information and the best guidance from our experts. This situation will likely change quickly. If confirmed cases of community transmission are identified in the Denver metro area, we are prepared to take additional actions to reduce nonessential travel, events, and activities.

See our Coronavirus website for more information: <https://rolf.org/coronavirus.php>

At this time, classes at the Institute and travel within the state will continue. Students traveling within the state are not at risk of being quarantined at a location far from home and family. If, however, you are not comfortable as a student traveling internationally or across the country, please contact the Institute.

### **Board of Education passes coronavirus resolution**

The Dr. Ida Rolf Institute follows the Boulder Valley School District school closings. This evening the Boulder Valley School District Board of Education passed a [resolution](#) that helps to prepare the ground for next steps, in the event that the coronavirus (COVID-19) becomes a pandemic in our area.

The resolution was approved unanimously and included this statement:

“BVSD Board of Education recognizes its role in protecting public health and urges our broader community to take action to be informed, to protect ourselves, to stay healthy, and to treat others with kindness during this challenging time.”

Here some specifics from the resolution:

#### **Learning to continue. If you are sick, stay home**

Staff and students who have symptoms should stay home. While schools are open, BVSD/DIRI encourages noncontagious students and staff to continue learning and working.

#### **Learning during an extended school or district closure**

In the event the DIRI campus is closed for more than two weeks, the Dr. Ida Rolf Institute may implement a portion of course work as “E-Learning Days” and “Distance Learning Days”.



These days are defined as instruction delivered digitally or through written materials, by DIRI instructional staff, and aligned with coursework standards. Such instruction may include:

- Lessons and materials made available through CANVAS
- Online learning tools ( videos, live zoom meetings, Digital demonstrations, etc.)
- Video conferencing available through district provided resources (zoom)
- Instructional telephone calls
- Homework packets, group projects on CANVAS
- Email communications

Student attendance will be recorded and calculated by minimum lesson/unit completion requirements.

### **Be kind to others**

The Dr. Ida Rolf Institute reaffirmed its commitment to protecting all students from the harmful effects of harassment based on race and national origin, including bullying and harassment that arises due to fear about possible exposure to disease.

### **Resources**

Unfortunately, we are hearing that rumors are being spread in Boulder County about coronavirus. We encourage everyone to continue to check these websites for the latest factual information:

[Colorado Public Health and Environment](#)  
[CDPHE COVID-19 Cases: Fast Facts](#)  
[Centers for Disease Control](#)  
[Boulder County Public Health](#)  
[Broomfield Public Health and Environment](#)

Sincerely,

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