



# Client Instructions for Clinic Participation

## The Rolf Institute® of Structural Integration

WELCOME TO THE CLIENT CLINIC PROGRAM AT THE ROLF INSTITUTE!

We are delighted to have you join us!

*Please read these instructions carefully. If you have any additional questions or concerns, please contact me and I will be happy to help you with this process.*

Clinic Coordinator

303.449.5903 X104

### 1) Be Informed:

We offer numerous resources to help educate you on any aspect of Rolfing® Structural Integration that you may be unfamiliar with including the origins and theory behind Rolfing SI, as well as the process you can expect to undergo as a client. These resources are available upon request, so please don't hesitate to ask for them. I can also provide you with basic information about how our clinics work including what we expect of our clients, how clients should dress, and with whom clients can expect to work.

### 2) Triple-Check Your Schedule and Pick a Clinic Schedule:

Because you, our client, play such a vital role in educating our students, we require your attendance at *every single session*. Please triple-check your schedule and inform me as soon as possible if you can commit to attending every session.\* Also, please indicate your top 2 or 3 choices at this time so you have a better chance of getting a spot—especially for *Skillful Touch*.

\*On occasion, we have been able to reschedule B-10 Clients if ONE session doesn't work.

### 3) Complete the Rolfing Client Intake Form\* :

This brief health history allows us to:

- a) develop your personalized treatment plan
- b) match you with the most appropriate practitioner and
- c) ensure our curricular goals are met.

The information you provide on your intake form\* will be kept *confidential*. THE MORE SPECIFIC YOU ARE, THE BETTER. *Please be honest and thorough!*

\*The form will be sent to you as an editable PDF. The most efficient way to complete this form is to type directly into it, save the "new" copy, and return it to us via email as an attachment.

### 4) Pay the Deposit/Reserve Your Spot in the Clinic:

You are required to pay a deposit of \$50. This deposit guarantees your spot in the clinic and is NOT refundable .

\*The Rolf Institute has the right to deny participation for medical reasons. See the "Health Intake Form" for more information.

\* "Last Minute" cancellations are included in the Client Agreement Form.