# Dr. Ida Rolf Institute

Board of Directors

Face to Face Zoom

April 26, 2025

8:00 am MDT

**Mission of the Dr. Ida Rolf Institute**

To provide high-quality education and promote research to advance Rolfing® Structural Integration and Rolf Movement® Integration - our proprietary methods for optimizing human structure and function.

**AGENDA**

8:00 Strategic Goals and Initiatives

* Assess and revise
* Assign weight to appropriate initiatives

8:30 Risk Assessment/Mitigation – business processes intro and discussion

* Add regulatory challenges
* Other challenges/opportunities?

9:00 Treasurer Report – 1st Quarter and 2025 projections

9:30 EEC Report - Neal

9:45 BREAK

10:15 Membership:

* Power Point from August (with updates) – Jenny and Shellie
* Current processes/projects underway – Jenny and Shellie

11:00 Elections/Representatives: Clarify role of regional board reps

* Review bylaws, revised 2017
* Discuss possible alternatives to regions electing directors
* Discuss faculty perspective

11:30 YouTube Podcast/interview proposal – Jim

* Interviews by a Rolfer plus a non-Rolfer
* See interview of Jim Asher by Nikki Olsen

<https://youtu.be/VDKllv4jz5I?si=G-Wh86V8Jl1w3WQN>

* See model interview of Cosper by Dana <https://drive.google.com/file/d/1ediJXUHwHwb0ArmxfgFIcuQsd3bIgSI8/view?usp=sharing>
* Establish a working committee
	+ To flesh out ideas and structure(s)
	+ Determine budgetary requirements
	+ Enlist volunteers?

EXECUTIVE SESSION

If needed

12:00 Adjourn

FUTURE BUSINESS:

* Ethics policy and procedures updates
* Revised web pages

**2025 BOARD SCHEDULE – 12:00 Mountain Time**

Work Session Board Meeting

1st Tuesday 3rd Tuesday

**FACE TO FACE April 26**

May 6 May 20

Jun 3 Jun 17

Jul 7 Jul 21

Aug 5 Aug 19

Sep 2 Sep 16

Oct 7 Oct 21

Nov 4 Nov 18

Dec 2 Dec 16