Dr. Ida Rolf Institute®
We hold to higher standards

ROLFER EVALUATION
(Mentor's evaluation of the Rolfer)

Date: _____

Rolfer: _____

Mentor: _____

Dates and Times Worked: _____

_____

Total # of hours: _____ # of credits: _____ (6-8 hours = 1 credit)

Please circle the number that most clearly demonstrates your response:
(Needs Attention/Poor) 1   2   3   4   5 (Excellent/Always)
****

OPENNESS AND RESPECT FOR IMMEDIATE EXPERIENCE

1 2 3 4 5   The Rolfer demonstrates the willingness to see clearly, including "sensory" perceptions and state of mind in the present moment. The Rolfer will demonstrate the ability to take responsibility for one's own actions and to learn and receive feedback from the Mentor.

1 2 3 4 5   Empowerment of self.

ACADEMIC AND INTELLECTUAL PREPAREDNESS

1 2 3 4 5   General Academic Preparedness

1 2 3 4 5   Ability to understand Rolfing principles and translate them into the work.

1 2 3 4 5   Ability to analyze structure and strategizes the appropriate interventions.

1 2 3 4 5   Ability to perceive patterns and functional movement.

INTERPERSONAL AND COMMUNICATIONS SKILLS

1 2 3 4 5   The Rolfer demonstrates compassion for others.

1 2 3 4 5   Rapport with clients and Mentor.

1 2 3 4 5   Ability to receive feedback from Mentor and clients.

1 2 3 4 5   Ability to perceive client's goals, concerns and interest in the work and to reframe the client's goals within the context of the Rolfing process.

1 2 3 4 5   Personal hygiene.

1 2 3 4 5   The Rolfer has an understanding of boundaries and an awareness of their own contact style.

EFFECTIVE ACTION

1 2 3 4 5   The Rolfer demonstrates strength and physical capability to do the work without injury to self or others.

1 2 3 4 5   Quality of touch: The Rolfer demonstrates an ability to engage a full spectrum of touch; to energetically come through their hands and sensitivity to tissue.

1 2 3 4 5   Body use.

1 2 3 4 5   The Rolfer has the ability to develop goals, strategies, and techniques for a session. This includes the ability to track and evaluate the work while the session is in progress.

1 2 3 4 5   Punctuality

ADDITIONAL COMMENTS: